

IPA ANNUAL CONVENTION 2018

SESSION LEARNING OBJECTIVES/INSTRUCTIONAL LEVEL

The Collaborative Psychologist: Developing & Thriving in an Inter-Professional Mental Health Practice – Barry Anton, PhD – 4.0 CE Hours - Advanced

Economic and patient care realities of health care reform will encourage mental health professions to create efficient, economically viable interprofessional group practices. This workshop will review the business and management skills necessary to create a thriving interdisciplinary mental health practice. Since most mental health professionals learn little about the business of practice in graduate school or in their early years of practice, this workshop will cover practice structures, risks, legal issues, insurance, internal and external communication, recruiting and retaining employees, contracting, and developing financial savvy.

After attending this session, participants will be able to:

- Identify the key components of a successful interprofessional mental health practice.
- Identify and implement key strategies to initiate and maintain collaborative relationships with medical mental health professionals.
- Identify patients who would benefit from intensive collaboration strategies and implement these strategies.
- Explain the advantages and disadvantages of different practice configurations.
- Describe the effectiveness of interprofessional mental health practice for quality patient care.
- Identify the obstacles and challenges of interprofessional mental health practice.

Idaho Rules/Law Updates – Board of Psychologist Examiners – 1.0 Ethics CE Hours - Intermediate

Members of the Idaho Board of Psychologist Examiners will review and answer questions on legislation that will impact psychologists as it becomes law. In addition, they will discuss: their work and possible changes resulting from the Licensing Freedom Act (Executive Order); temporary licensing, barriers and licensing portability; and concerns relating to patient records/professional wills.

Ethical considerations on the above will be included. Attendees will be encouraged to give the Board feedback.

After attending this session, participants will be able to:

- Describe the implications of the legislation that entitles prevailing parties to recover reasonable investigative and defense costs.
- Explain the review process that the Board of Psychologist Examiners is performing to meet the requirements of the Licensing Freedom Act.
- Discuss the pros and cons of state-to-state portability of licensing and temporary practice permits.
- Better safeguard psychotherapy records in case of unexpected incapacity or death.

Health & Healthcare Transformation in the United States: Where Does Idaho Fit In? – Ted Epperly, MD – 1.5 CE Hours - Advanced

This fast paced and engaging lecture will review the existing problems in our Fractured U.S. Healthcare system and discuss the current status of our efforts as a Nation to resolve them. Additionally, the status of Idaho's efforts to transform health and healthcare with innovative delivery and payment models will be discussed in light of the Idaho Healthcare Coalition and the State's \$40 Million Centers for Medicaid and Medicare Innovation (CMMI) State Innovation Model (SIM) Grant. Included in this lecture will be a robust discussion about the importance of Psychologists in Idaho's reform efforts around the issues of integrated team based care and the importance of prescription authority.

After attending this session, participants will be able to:

- List four common reasons that the U.S. Healthcare System is fractured.
- Recite four of the seven Shared Principles of primary care.
- Name four of the seven goals of the Idaho Healthcare Coalitions CMMI SIM Grant for Idaho Healthcare transformation.

Integrated Healthcare – Douglas Tynan, PhD – 3.0 CE Hours - Advanced

How psychologists add value to team-based healthcare is explored. Social determinants of health and how they impact outcomes are identified as well as how integrated primary care serves to reduce health disparities. Discussion is focused upon the collaboration and integration continuum of behavioral health and medical care and assessment, and intervention differences between primary care behavioral health and specialty mental health. How cultural differences impact upon health is explained, leading to culturally competent care. Some ethical challenges in integrated primary care settings are identified as well as competencies related to knowledge, skills and attitudes and ways to obtain more training.

After attending this session, participants will be able to:

- Explain how psychologists add value to team-based healthcare and the patient-centered medical home, assisting in the achievement of the quadruple aim.
- Identify how social determinants of health impact patient outcomes and how integrated primary care serves to reduce health disparities via population-based care.
- Discuss the collaboration/integration continuum of behavioral health and medical care, identifying current level of collaboration and strategies to become more integrated
- Describe how primary care-based behavioral health assessment differs from specialty mental health assessment with a focus on population screening.
- Describe how primary care-based behavioral health intervention differs from specialty mental health care with a focus on SBIRT, consultation, and appropriate documentation.
- Explain how cultural differences impact health and specific ways behavioral health providers can provide culturally competent integrated behavioral health care.
- Identify three ethical challenges that present in co-located and integrated primary care settings and strategies psychologists can use to mitigate these challenges.
- Self-evaluate current competencies related to IPC knowledge, skills, and attitudes and identify needs for additional training and means of obtaining such training.

How to Rise Above the Ethical Demands on Idaho Psychologists – Andy Benjamin, JD, PhD – 3.0 Ethics CE Hours - Advanced

This presentation will focus the attention of Idaho psychologists on how to meet ethical standards that are the most likely to be cited in licensing board complaints. Topics that will be covered through reflection and discussion about actual licensing board cases include informed consent and reporting duties; confidentiality and privilege; standards for valid and reliable evaluations; multiple relationships; duty to protect; and record keeping standards. **Please feel challenged to bring your toughest ethics questions to process.**

After attending this session, participants will be able to:

- Explain ethical standards relating to informed consent and reporting duties.
- Describe ethical standards on confidentiality and privilege.
- Discuss the ethical standards for valid and reliable evaluations.
- Elucidate the ethical concerns with multiple relationships.
- Identify ethical standards for duty to protect.
- Apply ethical record keeping standards.