

LEARNING OBJECTIVES & INSTRUCTION LEVEL

Beyond the Binary: Gender Identity – Best Practices & Clinical Considerations

This workshop will focus on the current psycho-social landscape of gender diverse identities, evolving nomenclature, developmental considerations, as well as the role of mental/behavioral healthcare in navigating gender identity and the diagnostic category of gender dysphoria. Assessment, treatment, support, advocacy, and multidisciplinary care with gender diverse individuals and communities will be discussed.

After completing this intermediate-level webinar, participants will be able to:

- Exhibit a working knowledge of the various identities covered by the acronym LGBTIQQ+, as well as additional identity categories and labels germane to sexual orientation and gender identity.
- Identify and assess for unique challenges and considerations of gender diverse individuals, as well as conceptualizing gender identity development, through a developmental lens.

Navigating the Binary Edge: Case Conceptualization, Treatment Planning, & Professional Guidelines

This workshop will focus on the prevailing clinical and professional guidelines (e.g. APA Guidelines), standards of care (e.g. WPATH) and applied approaches pertaining to mental/behavioral healthcare with gender diverse individuals.

After completing this intermediate-level webinar, participants will be able to:

- Apply prevailing practice guidelines and standards of care for gender diverse individuals.
- Explain the role of the behavioral health provider in multidisciplinary care (e.g. collaborating with medical providers), as indicated, in support of gender diverse people.

Achieving Health Equity: Psychology's Role

After completing this intermediate-level webinar, participants will be able to:

- Describe three examples of how current health care practices contribute to health inequalities.
- Identify three examples of how environmental and social factors systematically contribute to health inequalities.
- Articulate at least two ways in which psychological science and practice can help to address health inequalities.

Two-Part Local Perspectives in Idaho's Primary Care Setting: 1. Transgender Health & 2. Opioid Use Disorder

After completing this intermediate-level webinar, participants will be able to:

Transgender Health presentation:

- Identify common comorbidities
- Recognize barriers to care
- Describe the basics of medical transitioning
- Explain how to create a safe and welcoming clinic environment

Opioid Use Disorder presentation:

- Examine the extent of the opioid epidemic
- Recognize the importance of managing OUD in primary care
- Explain the basics of OUD/MAT management

2020 Updates to Rules and Procedures, Frequently Asked Questions, & Ethical Violation Issues

After completing this introductory-level webinar, participants will be able to:

- Give examples for how Idaho psychologists can meet CE requirements when in-person conferences are cancelled.
- Describe how Idaho psychologists treat out-of-state patients via telehealth.
- Identify two ethics "slippery slopes" most common in rural areas of Idaho.
- Explain how Idaho psychologists can provide supervision to service extenders during the pandemic.

Medication Considerations for the Practicing Psychologist

After completing this intermediate-level webinar, participants will be able to:

- List common classes of psychotropic medications and recent changes in evidence-based treatment
- Discuss clinical benefits, potential adverse consequences, and therapeutic limitations of common psychotropic medications
- Describe ways to stay current with new medication information and evidence-based sources of medication information
- Define polypharmacy, medication non-adherence, and the implications of these clinical occurrences on client outcomes
- Use tools to assess medication adherence, connect clients to evidence-based resources about their medications, and communicate concerns to prescribing team members

What Psychologists Need To Know About Psychopharmacology

After completing this introductory-level webinar, participants will be able to:

- Identify the basic education and training required to practice as a prescribing psychologist.
- Explain the relevance of APA Designation to clinical psychopharmacology programs.
- Describe the basic elements of the course work and training in a clinical psychopharmacology program.
- Discuss how training in clinical psychopharmacology can impact practice as a psychologist.