

# LEARNING OBJECTIVES & INSTRUCTIONAL LEVEL

## IPA VIRTUAL ANNUAL CONVENTION 2021

### **KEYNOTE: You Are My Other Me: Psychological Work With Latinx Populations** ***presented by Edward A. Delgado-Romero, PhD***

After attending this introductory-level session, participant is able to:

- Define Latinx people in their relevant social and historical context in the U.S.
- Describe the psychosocial environment for Latinx people in the U.S.
- articulate an ethical rationale for working with Latinx people in a culturally competent manner.
- Discuss the status of Latinx psychologists and trainees in the profession.

### **Latinx-Centered Therapy: Working From A Cultural Competence Mindset** ***presented by Patricia Arredondo, EdD***

After attending this intermediate-level session, participant is able to:

- List 3 knowledge points to learn more about for increased cultural competency.
- Cite 3 demographic facts about the current Latinx population.
- Cite 3 health-related factors that affect Latinxs familias differentially.
- Identify 3 mental health stressors that oppress individuals and their familias.
- Specify 3 examples of Latinx cultural wealth.
- Identify 3 processes that will engage Latinx individuals and familias in the therapy process.

### **Cross Cultural Therapeutic Work: An Interpreter's Perspective** ***presented by Lisa Stravers, LSW, Certified Medical Interpreter***

After attending this intermediate-level session, participant is able to:

- Identify internal and external barriers to serving culturally diverse populations.
- Describe key elements of working with an interpreter.
- Name several ways to diminish the restrictive impact of white privilege or racism in your practice.
- Describe therapeutic qualities that are supportive when working with the Latinx population.

### **2021 Updates to Rules and Procedures, Frequently Asked Questions, & Ethical Violation Issues** ***presented by Helen Napier, PhD, ABPP, & Linda Hatzenbuehler, PhD, ABPP***

After attending this intermediate-level session, participant is able to:

- Describe how Idaho psychologists treat out-of-state patients via telehealth.
- Identify two ethics "slippery slopes" most common in rural areas of Idaho.
- Weigh the potential benefits and potential costs of joining PSYPACT.
- Discuss the future of psychological practice in Idaho post-pandemic.

**Overcoming Barriers and Improving Effectiveness: Working with Latinx and Migrant Populations**  
***presented by Alfonso Mercado, PhD***

- After attending this intermediate-level session, participant is able to:
- Identify recent research addressing trauma and health with recent immigrated families seeking asylum in our southern borders.
- Discuss the psychological effects of anti-immigration policies in the U.S., such as the Migrant Protection Protocols including Zero Tolerance.
- Describe strategies to effectively work with the Latinx population in clinical settings.

**Ethnic Discrimination & Sexism Among Latinx Americans: Considerations for Research & Clinical Practice**  
***presented by Felicia Mata-Greve, PhD***

After attending this intermediate-level session, participant is able to:

- Describe how ethnic discrimination contributes to poor physical and mental health outcomes among Latinx persons.
- Discuss underlying pathways, especially psychological factors such as hopelessness and anxiety sensitivity, that link discriminatory events to poor mental health outcomes among Latinx persons.
- Explore how to use intersectional theories when working with Latinx persons in research and clinical capacities
- Explain culturally sensitive ways to assess for discrimination-based stress.

**Working With Latinx Clients: Challenges & Rewards**  
***presented by Edward A. Delgado-Romero, PhD***

After attending this intermediate-level session, participant is able to:

- Utilize the recommended resources to access accurate, strength-based and culturally competent information on the Latinx population.
- Summarize the relevant psychological literature on effective treatment of Latinx populations.
- Discuss cultural adaptation of empirically supported treatments for Latinx people.

**The Role of Diversity and Multiculturalism in Ethical Issues**  
***presented by IPA's Ethics Committee***

After attending this intermediate-level session, participant is able to:

- Identify and discuss ethical issues through review of multicultural vignettes.
- Compare ethical dilemmas through reflection using APA Principles and Standards, APA Multicultural Guidelines and APA Race and Ethnicity Guidelines.
- Identify personal biases that influence the fundamentals of ethical practice.