

## LEARNING OBJECTIVES & INSTRUCTIONAL LEVEL FOR SESSIONS AT IPA ANNUAL CONVENTION 2022

*After attending these sessions, participant will be able to:*

### **Geriatric Scalpel: Rational Deprescribing to Improve Lives of Older Adults – Intermediate**

*Presented by Abhilash Desai, MD*

- Describe risks of polypharmacy;
- Discuss potential clinical benefits of rational deprescribing;
- Describe the concept and process of rational deprescribing; and
- Using real-life cases, discuss practical strategies to make rational deprescribing a routine and effective intervention in the care of older adults and long-term care residents.

### **Navigating the Transition From Dementia Diagnosis to Caregiver Support - Intermediate**

*Presented by Sarah Marion, PhD*

- Describe the referral process in terms of when to send a psychotherapy patient for an evaluation of dementia;
- Articulate how far into the dementia process a person can participate in psychotherapy billing with insurance; and
- Prepare to help their clients with dementia transition from direct psychotherapy to caregiver support.

### **2022 Updates to Laws, Rules & Procedures & Ethical Concerns - Intermediate**

*Presented by Helen Napier, PhD, ABPP, & Autumn Keefer, PhD, MSCP*

- Describe how Idaho psychologists can apply to use PSYPACT;
- Identify three ethics "slippery slopes" for Idaho psychologists;
- Describe how to apply for use of Service Extenders; and
- Discuss how Zero-Based Regulation may impact Idaho Psychologists.

### **Legal Issues in Elder Care - Introductory**

*Presented by Nathan Palmer, LL.M.*

- Communicate specific Idaho Statutes related to capacity and guardianship when working with the geriatric population;
- Discuss end-of-life planning instruments such as durable powers of healthcare, financial powers of attorney, etc.;
- Define specific strategies for mitigating risk and avoiding ethical and legal problems in capacity-related evaluations with the geriatric population; and
- Respond effectively to attorneys who may request client records or participation of the clinician in court-related processes.

### **Psychosocial Spiritual Wellness Care Plan for Persons with Dementia - Advanced**

*Presented by Abhilash Desai, MD*

- Describe behavioral and psychological symptoms of dementia;
- Describe 7 key components of psychosocial and spiritual wellness care plan of persons with dementia;
- Discuss role of collaborative team meetings and joint clinical assessments in enhancing spiritual and psychosocial care of individuals with dementia; and
- Using real-life cases, discuss practical strategies to reimagine dementia care to move it towards dementia friendly creative care.

### **Differentiating Dementias: A Foundation for Clarity in the Diagnosis - Intermediate**

*Presented by Steven Atkinson, PA-C*

- Identify common signs and symptoms that distinguish Alzheimer's disease from other dementias;
- Discuss pharmacological interventions for dementia types and their symptoms; and
- Describe a non-pharmacological approach to managing behaviors in dementia.