

IPA CE REGISTRATION FORM

Name _____ Degree _____

Address _____

City/State _____ Zip _____

E-mail _____
(for confirmation & upcoming event announcements only)

Phone _____ Alt Phone _____

<u>Registration Fee</u>	<u>by Oct 14</u>	<u>after Oct 14</u>
IPA Member	\$159	\$179
IPA Student Member	\$ 29	\$ 49
Non-Member Professional	\$189	\$209
Non-Member F-T Students*	\$ 49	\$ 69

*copy of full-time student ID req'd for non-IPA students

TOTAL AMOUNT ENCLOSED \$ _____
*Includes morning beverages, lunch, afternoon refreshments
and electronic handouts.*

Space is limited. Registrants will be accepted on a first-registered, first-served basis. As is customary, IPA is required to "guarantee" attendance numbers to the meeting facility several days before the event and, from that point on, is obligated for costs related to that number. Consequently, **all cancellation requests must be received by Monday, October 14, to receive a refund.** No refunds after October 14, although substitutions may be allowed, if approved by the IPA Office prior to the event. Grievances about the workshop may be addressed to IPA at the address below.

If you have special physical requirements or medical-related dietary needs, please let our office know 14 days in advance.

IPA cannot be held liable for events beyond its control, such as acts of God, government regulations, disasters or weather-related hazards, civil unrest, war, acts of terrorism, or any other emergency, making it inadvisable or impossible to hold the event. If there is a workshop cancellation, IPA will make every effort to inform registrants as soon as possible.

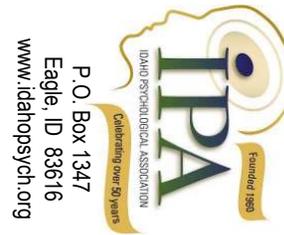
Questions? Please call the IPA Office at 208.454.5594 or e-mail us at IPAoffice@idahopsych.org.

Please mail this completed form and payment to:
IPA, P.O. Box 1347, Eagle, ID 83616

Or, register online at www.idahopsych.org

Sponsored by the

Idaho Psychological Association



P.O. Box 1347
Eagle, ID 83616
www.idahopsych.org

Register by October 14
for best rates!

NOT ALL THAT BLOWS UP IS BIPOLAR

(but some of it is...):



**Practical Assessment, Better Outcomes
for Bipolar Disorders in Youth & Adults**

Presented by:

Eric A. Youngstrom, PhD

Professor of Psychology & Neuroscience & Psychiatry,
UNC-Chapel Hill, & Acting Director, Center for Excellence
in Research & Treatment of Bipolar Disorder

Friday, October 25, 2019

9:00AM-4:30PM. Registration/sign-in at 8:30AM. Lunch provided.

BSU's Hatch Ballroom-C/D

Student Union Building - Complimentary parking included.

With SPECIAL THANKS to our sponsors:

**Saint Luke's Health System
Optum-Idaho**

ABOUT THE WORKSHOP

How many of your clients get irritable or have mood swings? Emotion and impulse control problems are a huge slice of our referrals. How many of those cases have a bipolar disorder? Not most, but we could miss some cases – especially given how much research has advanced in the last 10-15 years. This workshop provides key updates, including: Whether bipolar disorders look different in children versus adults, how often bipolar occurs in different settings, what issues make accurate diagnosis especially challenging, how to use specialized self- or collateral-report measures to diagnose it more accurately, and what to track and focus on during treatment to improve outcomes.

Participants will receive a detailed handout (more than 200 slides), copies of new assessment instruments in the public domain and handouts that are useful in therapy for mood disorders.

After attending this workshop, participants will be able to:

- Articulate what assessment procedures are available to aid in differential diagnosis and measuring response to treatment, and the evidence base for them;
- Distinguish which symptoms and risk factors are helpful in differentiating bipolar disorder, depression, and externalizing problems;
- Apply new assessment approaches to improve differential diagnosis and measure treatment response;
- Recognize how often bipolar and other disorders occur in different settings, such as colleges, outpatient services, forensic settings, and inpatient units;
- Integrate risk factors and test results to guide next clinical actions for assessment and treatment; and
- Name free online and assessment tools to improve diagnosis and outcome.

No significant financial relationship, affiliation with a commercial supporter, or conflicts of interest were reported by speaker(s) for this event. Content presented by speaker(s) of this event will not include unapproved or investigational uses of products or devices.

WORKSHOP SCHEDULE

8:30AM	Breakfast & sign-in
9:00AM	Workshop begins
10:30AM	Break
10:45AM	Workshop continues
12:15PM	Lunch
1:00PM	Workshop continues
2:30PM	Break
2:45PM	Workshop continues
4:15PM	Q&A / Workshop evaluation
4:30PM	Workshop concludes

SAVE THESE DATES!

- Nov. 1 [Behavioral Aspects of Neurological Disease Mini \(1/2-day\) Conference](#) – Boise *Presented by: Nicole Fox, MD, MPA (Psychiatrist) & Robert Wechsler, MD (Epileptologist)*
- Feb TBD [Assessing & Treating Autism Spectrum & Closely-Related Disorders Across The Lifespan](#) - Boise
- May 1&2 [IPA Annual Convention 2020](#) - Boise

ABOUT THE SPEAKER



Eric Youngstrom, PhD, is a professor of Psychology and Neuroscience and Psychiatry at the University of North Carolina at Chapel Hill, where he is also the Acting Director of the Center for Excellence in Research and Treatment of Bipolar Disorder. He is the first recipient of the Early Career Award from the Society of Child and Adolescent Clinical Psychology, and an elected full member of the American College of Neuropsychopharmacology.

He is a fellow of the American Psychological Association (Divisions 5, 12, and 53), as well as the Association for Psychological Science and the Association for Behavioral and Cognitive Therapies. He consulted on the 5th Revision of the Diagnostic and Statistical Manual (DSM-5) and the International Classification of Diseases (ICD-11). He chairs the Work Group on Child Diagnosis for the International Society for Bipolar Disorders, along with the Advocacy Task Force.

He earned his PhD in clinical psychology at the University of Delaware, and he completed his predoctoral internship training at Western Psychiatric Institute and Clinic before joining the faculty at Case Western Reserve University.

Dr. Youngstrom is a licensed psychologist who specializes in the relationship of emotions and psychopathology, and the clinical assessment of children and families. He teaches assessment and therapy, developmental psychopathology, research design, and multivariate statistics, and has earned the Tanner, Carl F. Wittke, Glennan Fellowship, and the Northeastern Ohio Teaching Awards.

His research improves the use of clinical assessment instruments for making better differential diagnoses, predictions about future functioning, or monitoring of treatment progress – especially for bipolar disorder. Dr. Youngstrom speaks internationally about pediatric bipolar disorder and assessment, leading more than 200 workshops and grand rounds. He has published more than 300 peer-reviewed publications about clinical assessment and emotion, and he has served on prominent editorial boards, as well as providing ad hoc reviews, for more than ninety psychology and psychiatry journals.

Dr. Youngstrom has received grants from the NIMH (funding since 2002), the Ohio Department of Mental Health, and multiple foundations. He has been twice elected President of the Society of Clinical Child and Adolescent Psychology, is President-Elect of the Society of Quantitative and Qualitative Methods, and is Vice President of Education for the International Society of Bipolar Disorders. He is the co-founder of Helping Give Away Psychological Science (HGAPS), a 501c3 charitable service organization dedicated to helping bring the best psychology information to the people who would benefit.

CONTINUING EDUCATION CREDITS

This intermediate-level workshop is intended for post-doctorate-level psychologists; however, other licensed health and mental health care providers are welcome to attend. This workshop is sponsored by the Idaho Psychological Association. The Idaho Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Idaho Psychological Association maintains responsibility for this program and its content.

Psychologists

A total of **6.0 continuing education credits** will be available to psychologists for full attendance of this one-day event.

Other health/mental health professionals

This conference provides a total of **6.0 contact hours**. Attendance letters will be provided. Contact your board or professional association for your specific CE requirements.

Important: CE credit(s) will be provided only to individuals who sign-in upon arrival, attend entire workshop and pickup their CE letter upon departure. Those arriving after the scheduled start time or leaving before it is complete will not receive CE credit(s) for the activity.